# APPROVED JULY 21, 2016

## Mental Health Advisory Board June 16, 2016

3:00 – 5:00 P.M. 1400 Emeline Avenue, Building. K, Santa Cruz, CA 95060

#### 1. Call to Order

- Meeting called to order at 3:02 p.m. by Kate Avraham
  - Roll Call: Kate Avraham, Greg Caput, John Laue, Jenny Kaupp, Richard Martinez, Charlotte Nolan Reyes, Erik Riera
  - o Excused: Maria Correia, Hugh McCormick, Jodie Wells
  - o Unexcused: Denise Ostlund
- Meeting notes from May 19 had the following errors: the minutes were titled
  "Mental Health Action Board," the correct title is "Mental Health Advisory Board."
  Hugh's name was misspelled as Hue, in regards to Superintendent Caput
  administering oath. The Quality Assurance liaison was noted as Carolyn Schwartz,
  while her name is Karolin Schwartz. The Minutes state Maria Correia visited
  Communications Connections and MHCAN when she actually visited Community
  Connections and MHCAN
- Motion to approve Minutes for May 19, as corrected, Richard Martinez. Greg Caput second. John Laue abstaining, none opposed.
- September 17, 2015 minutes tabled until next group, possibly approved previously in batch.

#### 2. Public Comment

- Sheryl Lee: NAMI has a meeting July 20<sup>th</sup>, the topic is on housing. There is a meet and greet at 6:30 and a panel discussion at 7:00 p.m. NAMI is looking for representatives from several agencies to attend. They have panel members from Front Street, Encompass and the County.
- Melby from MHCAN presented and read a letter of Support for MHCAN Executive Director Sarah Leonard.
- David Hack presented a letter to the board which outlined grievances against PHF and other agencies.
- Rebecca Mills asked if the MHAB has any advisory capacity to health services at the county jail. Erik Riera asked that she leave her information with Kate and Erik will have someone contact her.

## 3. Standing Reports

- Greg Caput
  - Board is dealing with the budget: Looking at proposal to add sales tax for transportation; there was a meeting the previous week dealing with medical marijuana including what restrictions it would have, which districts it would impact, and what regulations there would be in regards of people using/growing medical marijuana.

- Supervisor Caput asked about rules regarding alternates. Kate stated that the bilaws do not address alternates; however, past board member have sent alternates when they could not attend the board meeting. Kate believes that alternates cannot vote, but will verify.
- Veterans who were walking to Sacramento finished on the 7th.

#### Erik Riera

- No Place Like Home Initiative: CA Legislature is establishing a \$2 Billion Bond for housing for people with a mental illness who are homeless. A concern about the initial proposal is that the program could take money from county mental health agencies to use as part of a competitive grant process, where counties would have to apply to get the funds to use on a local level. There is a projected \$1 Million loss of funding for Santa Cruz county that will start in two fiscal years. Those funds are currently used for community programs. County would have to apply for funds; if Santa Cruz County does not secure funds, another county would get the funds.
- Moving forward to establish the Office of Consumer Family Affairs. Interviews for the Director of the office is ongoing.
- Job postings for Mental Health Family and Peer Partner positions opening on Monday, June 20, 2016. Will close on July 1<sup>st</sup>.
- Patient Rights: When we receive a complaint, when do we send it to the patient rights advocate?
  - The board should determine who would be best to help facilitate with resolution of the complaint.

## • Subcommittee Reports

- Hugh is working on the Site Visitation subcommittee, which is part of the Access subcommittee. The Goal is to take all the different services, network and find out how to refer clients to appropriate services.
- Jenny Kaupp will be going to see 7<sup>th</sup> Avenue Center next Friday, with Hugh. She would like to also visit Encompass and the county jail.
- o Richard Martinez: Proposes that we revisit who is on various subcommittees

## 4. Presentation - Karen Anderson-Gray, Director of Children's Services

- Children's System of Care has been in existence for approximately 25 years. It works with Probation, Social Services, Education, and community partners. There are multiple ways to get services.
- Children's Services works to keep youth at home and in their communities.
- Providing early care helps to prevent kids entering the system.
- Two children psychiatrists are on staff.
- Primary Care Physicians often provide referrals.
- There are 40 therapists at Children's Services with approximately another 40 through contract.
- Serves roughly 90% of kids in foster care, about 250 kids a year.
- Youngest age is generally two.

- There is a new Mobile Emergency Response team where one can walk in to Children's Services to get immediate services when in crisis situations. They will also go to schools to assess children for crisis intervention.
- Probation program serves youth in Juvenile Hall. There are two therapists at Juvenile Hall who provide mental health counseling, crisis intervention and general support.
- Evening Center program is stationed in South County and is designed to keep kids
  out of Juvenile Hall. The program runs five days a week, after school. All clients are
  on probation. The program works to support the at-risk youth, help them make sure
  their community service hours are completed, help them get jobs, and engage in
  pro-social activities.
- Wrap Around program works with roughly 20 families. It includes a probation worker, a mental health professional, a family partner, as well as the kids and their families. The Wrap Around program is composed of youth with a high degree of criminality, and works to keep them out of a higher level of care.
- Intensive Out-patient services for probation youth offers a one-on-one approach.
- Social Services Foster Care is the largest program. The program serves children
  younger than five, as well as transition aged youth. Transition aged youth are young
  people who are passing the point of foster services. These kids need support, yet
  have no family support.
- Community Gate is a referral from any source in the community. The therapy is provided in the community. It has a higher bar than other programs and will work with anybody with moderate to severe mental and social issues.
- Education Gate works with kids who have been flagged by schools as needing aid.
- School Treatment Program works in schools, mainly with special education students.
- Children's Services contracts with other providers in the community: Diversity Center, Positive Behavior in Schools, Encompass: Side-by-side, Zero to Five at Stanford, Tyler House and others.
- Score Program and Santa Cruz County Kids in Recovery, program offer 4 substance abuse groups weekly.
- Parent Partnership through Volunteer Center for 20 years. They team up with families to help them understand the system and help their struggling children.
- Trauma Informed System Training: working with agencies throughout the county to bring awareness of how trauma affects everyone. There will be many rounds of trainings.
- IOP Program (Independent Living Skills Program) through Encompass has a program called YAP: Youth Advocacy Program, provides funding to train and allow youths to sit on advisory boards, attend conferences, and have their voices be heard.

#### 5. Old Business

- Vote on Corrected Letter of Endorsement of MHCAN, with two typo corrections: "ould" corrected to would and "agencies" corrected to agency.
  - John Laue proposes to accept. Erik Riera and Richard Martinez abstain. None opposed. Motion carried.

- Update on Information Cards for Mental Health Advisory Board of Santa Cruz to include Emergency access information on the back; Marty Riggs will be helping with this.
  - Erik Riera asked Richard Martinez to bring an example of the Community Resource Cards used by law enforcement.
- MHAB binder has instructions on how to handle consumer complaints under section
   7.

## 6. New Business

- Kate Avraham, Maria Correia, and Charlotte Nolan Reye completed a draft of the MHAB Response to Grand Jury Report
  - o Add to section F7: subcommittee on communication.
  - Agenda Item section R4; Karolin Schwartz should come to the board to address this.
  - Motion to accept with changes discussed, John Laue. Richard Martinez second.
     None opposed.

## 7. Adjournment

- Next Meeting: July 21, 3:00 5:00 p.m. at 1400 Emeline Avenue, Building K, Santa Cruz, CA 95060
- Rick motion to adjourn, Kate second.
- Meeting adjourned at 5:15 p.m.