

MINUTES – APPROVED
December 17, 2020

MENTAL HEALTH ADVISORY BOARD

October 15, 2020

3:00 p.m. – 5:00 p.m.

Health Services Agency, 1400 Emeline Avenue, Room 206, Santa Cruz, CA 95060

Present: Antonio Rivas, Catherine Willis, Hugh McCormick, Jennifer Wells Kaupp; Lynda Kaufmann, Serg Kagno, Xaloc Cabanes, Supervisor Greg Caput

Unexcused Absence: Erika Miranda-Bartlett, Stephan DuBose

1. Public Comments

- Ludmila Boika – asked how the Board can help the public, shared personal story on struggles with help in Santa Cruz County.

2. Approved meeting minutes for September 17, 2020.

Motion by Serg Kagno to approve September 17, 2020 MHAB minutes. Second by Antonio Rivas.

AYES: Antonio Rivas, Catherine Willis, Hugh McCormick, Jennifer Wells Kaupp; Lynda Kaufmann, Serg Kagno, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSENT: Erika Miranda-Bartlett, Stephan Dubose

3. Standing Board of Supervisors (BOS) Report, Supervisor Greg Caput

- People starting to move out of fairgrounds - over 1500 people and several animals/pets. 200+ RV's had electrical hookups, access to showers, bathrooms.
- Next Board of Supervisors meeting – will recognize the Costanoan Ohlone Rumsen Mutsen Tribe and support their goal of securing Federal recognition.
- COVID update: 12 deaths in last 10 days at acute care nursing home in Watsonville, almost doubled amount of deaths in the County.

4. Behavioral Health Adult Services Management Team – Overview of Programs and Services

- Cassandra Eslami, Director of Community Engagement
 - Introduction of the Behavioral Health Adult Services Management Team:
 - Karen Kern, Adult Services Director
 - Andrea Turnbull, Acute & Crisis Services Program Manager
 - James Russell, Forensic Services Program Manager
 - Eli Chance, Adult Outpatient Services Program Manager
- Karen Kern, Adult Services Director
 - Previously worked at Central City Concern (CCC) in Portland, Oregon. Federally qualified health center - health services division and housing & employment division. Health Services division had 22 clinics (primary care, mental health, substance use disorder services) and 3200 units of housing. Role was to ensure folks that were needing it the most were able to get into housing and have health services wrapped around them. 70% clients were homeless individuals on the street before going to CCC.
 - County of Santa Cruz Adult Behavioral Health - Eligibility is based on diagnostic criteria and functional impairment. Provide outpatient services to approximately 3000 individuals served annually and 2300 individuals experiencing mental health crisis.

- Andrea Turnbull, Acute & Crisis Services Program Manager
 - Walk-in Crisis Services at 1400 Emeline
 - Mobile Emergency Response Team (MERT) functioning in the community - goal is to address mental health emergencies in the community
 - Mental Health Liaisons attached to law enforcement providers in community to provide Mental Health evaluations in the field
 - Santa Cruz Behavioral Health Center and Crisis Stabilization Program – ensure 5150 training certificates, 5585 for youth under the age of 18. Individuals can present voluntarily or have 5150/5585 written by someone in community who can write the holds
 - Telos Crisis Residential Services is for individuals stepping out of the hospital or in need of acute services while in the community
 - Second Story Peer Respite – self referral for individuals needing a break from living environment or stepping out of the hospital and choosing to go to Second Story
- James Russell, Forensic Services Program Manager
 - Forensic Mental Health Liaisons for Santa Cruz Police Department, Santa Cruz Sheriff's Office, Watsonville Police Department – show up with law enforcement, not dispatched on their own.
 - Jail behavioral health services - crisis assessments, psychiatry, medication support, discharge planning/court liaison work
 - Behavioral Health Court – post adjudication calendar for MOST (Maintaining Ongoing Stability through Treatment) participants. The MOST Team is a multi-disciplinary team with behavioral health staff & probation staff
- Eli Chance, Adult Outpatient Services Program Manager
 - Licensed therapists connected to case management teams
 - Recovery Teams for North and South County
 - Transition Age Youth (TAY) team for individuals under 25
 - Older Adults Services (OAS) – over the age of 60 with complicated medical conditions
 - ACT Team – work with out of county and Public Guardian
 - MOST team - follows model of having therapist, psych services and case management
 - Case consultations and collaboration, and multidisciplinary team meetings are done which include psychiatrist, therapist, occupational therapist, including contract support (e.g. Encompass). Evaluations are completed for next level of care and moving into community.

[Please click here to view the Behavioral Health Adult Services Overview presentation.](#)

5. Standing Reports

- a. Jail Committee Report – Hugh McCormick
 - No report.
- b. MHSA Advisory Committee – Chair: Lynda Kaufmann
 - No report.
- c. Site Visit Committee – Chair: Hugh McCormick
 - No report.
- d. SUDSC/MHAB Merger Committee – Chair: Lynda Kaufmann
 - Continue to meet every Tuesday. MHAB may want to review and adopt some of the practices of the Substance Use Disorder Services Commission (providers do presentations and talk about their budget, etc).

- e. Community Engagement Committee – Chair: Stephan Dubose
 - No report
- 6. Patients' Rights Report – prepared by George Carvalho.
 - Ordering PPE – goal is to go out to facilities
 - Contacting mental health facilities (7th Avenue, Telecare, Casa Pacifica) and inquiring about the support folks are receiving
 - Continue to do hearings and respond to complaints

[Click here to view the September Patients' Rights Report.](#)

- 7. Presentation: Bill Wilson Center's "Host Home Program" – Guadalupe Alvarez Garcia, Case Manager/Host Home Recruiter
 - Recruit host homes for a period of 6 months, serving individuals 18-24 years of age. Support with stipend of \$850/month
 - Youth receive case management services at Bill Wilson Center. Case manager meets with youth 3 times/week, minimum half hour to one hour for support.
 - Required to serve 7 youth in Santa Cruz County per year as part of HUD contract
 - Provide training to host who goes through background check.
 - Youth completes application; youth participates in an assessment and based on scores, is placed, and is referred from the County.
 - Serving only 1 youth at this time. Currently need more homes - have 8 referrals from the County.

[Click here to view the BWC Host Home Santa Cruz Flyer.](#)

Motion to adjourn made by Antonio Rivas. Second by Lynda Kaufmann. Meeting adjourned at 4:45 p.m.